

KIDDIE ACADEMYSM

EDUCATIONAL CHILD CARE

Kiddie Academy of Lakewood Ranch

Menu Week of: 6-3-24	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Pancakes Bacon Milk	Cereal Milk	Hash brown, egg, and cheese Milk	Waffle Sauage Milk	Breakfast Sandwich Milk
Lunch	Macaroni and Cheese with Meat Mixed Veggies Fresh Fruit Milk	Chicken and cheese quesadillas Carrots Pears Milk	Meatball Sub Peas Mixed Fruit Milk	Baked Chicken w/ Rice Corn Fresh Fruit Milk	Hamburger Green Beans Pineapples Milk
PM Snack	Goldfish Water	Graham Crackers Fresh Fruit	Cheez It Fresh Fruit	Ritz w/cheese Water	Vanilla Wafers Water

Milk- Whole for children under 2, Fat Free or 2% for children over 2 years old

Fresh Fruit choices- oranges, bananas, sliced apples, melons, blueberries, pears or mixed fruit, Seasonal Fruit

Bread and Pasta- Whole grain options will be used whenever possible.

All cheese- to be unprocessed and low fat

Whole grain to be included daily whenever possible.

Hydrogenated / Partially hydrogenated vegetable oils are never to be used.

Avoid fried versions of fish sticks, chicken nuggets and french fries

Due to supply chain issues certain food items may need to be substituted.