

KIDDIE ACADEMYSM

EDUCATIONAL CHILD CARE

Kiddie Academy of Lakewood Ranch

Menu Week of: 2-17-2025	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	CLOSED FOR INSERVICE TRAINING	Cereal Fruit Milk	Biscuits & Gravy Milk	Bagel w/ Jelly & Cream Cheese Fruit Milk	Cereal Fruit Milk
Lunch		Chicken Nuggets Carrots Mixed Fruit Milk	Cheese Ravioli Mixed Vegetables Peaches Milk	Chicken & Rice Peas Fresh Fruit Milk	Fish Sticks Green Beans Fresh Fruit Milk
PM Snack	CLOSED FOR INSERVICE TRAINING	Graham Crackers Pudding	Cheez It Fresh Fruit	Ritz w/ Cheese	Vanilla Wafers

Milk- Whole for children under 2, Fat Free or 2% for children over 2 years old

Fresh Fruit choices- oranges, bananas, sliced apples, melons, blueberries, pears or mixed fruit, Seasonal Fruit

Bread and Pasta- Whole grain options will be used whenever possible.

All cheese- to be unprocessed and low fat

Whole grain to be included daily whenever possible.

Hydrogenated / Partially hydrogenated vegetable oils are never to be used.

Avoid fried versions of fish sticks, chicken nuggets and fresh fries

Due to supply chain issues certain food items may need to be substituted.