

### **KIDDIE ACADEMY<sup>®</sup> OF PHOENIXVILLE** **WEEKLY MENU**

**Week of: February 10th-14th**

#### **AM Snack**

| Fluid   | Milk              | Water                          | Milk       | Milk                   | Milk                          |
|---|-------------------|--------------------------------|------------|------------------------|-------------------------------|
| <b>Vegetable or Fruit or 100% Fruit Juice</b> | 100% Juice        | Strawberry<br>Banana<br>Yogurt | 100% Juice | Banana                 | Strawberry<br>Cream<br>Cheese |
| <b>Grain/Bread</b>                            | Apple Oat<br>Bars | Granola                        | WG Cereal  | French<br>Toast Sticks | WG Bagel                      |

#### **Lunch**

| Fluid Milk                   | Milk               | Milk                | Milk                      | Milk                  | Milk             |
|------------------------------|--------------------|---------------------|---------------------------|-----------------------|------------------|
| <b>Vegetable or Fruit</b>    | Orange<br>Slices   | Banana              | Applesauce                | Peaches               | Apple Slices     |
| <b>Vegetable or Fruit or</b> | Cucumbers          | Squash &<br>Peppers | Hashbrown                 | Peas &<br>Carrots     | Tater Tots       |
| <b>Meat/Meat Alternate</b>   | Turkey &<br>Cheese | Lemon<br>Chicken    | Turkey<br>Burger<br>Wraps | Chile Lime<br>Tilapia | Chicken<br>Patty |
| <b>Grain/Bread</b>           | WG<br>Crackers     | WG Pasta            | WG Tortilla               | WG Rice               | WG Roll          |

#### **Snack**

**Select any 2 from the 4 components**

| Fluid   | Water           | Water        | Water      | Water                             | Water                    |
|---|-----------------|--------------|------------|-----------------------------------|--------------------------|
| <b>Vegetable or Fruit or 100% Fruit Juice</b> |                 | Apple Slices | Banana     |                                   |                          |
| <b>Meat/Meat Alternate</b>                    | Turkey<br>Stick | Wow Butter   |            | <b>Valentines<br/>Class Party</b> | <b>Special<br/>Snack</b> |
| <b>Grain/Bread</b>                            | Goldfish        |              | Dino Bites |                                   | Strawberry<br>Cupcakes   |